

Medicines Partnership Project Evaluation Toolkit

Assessment tool T15

Name of tool	Hospital Anxiety and Depression Scale (HADS)
What does it assess?	The extent to which patients are suffering from anxiety and depression
Who fills it in?	The patient
Reference for tool	Zigmond A and Snaith RP (1983): The Hospital Anxiety and Depression Scale. <i>Acta Psychiatrica Scandinavica</i> , 67, 361–370 [It was updated in 1994]
Tool developer's contact details	www.nfer-nelson.co.uk
Do you have to contact the developer(s) for permission to use it?	Yes
Information you need to give the developer(s)	You need to complete and return their registration form, which is available at www.nfer-nelson.co.uk
How much does it cost to use it?	£52.60
Specific instructions:	This measure is designed to be administered by doctors, psychiatrists or clinical psychologists.