

Medicines Partnership Project Evaluation Toolkit

Assessment tool T11

Name of tool	TB Treatment Diary
What does it assess?	Patients' compliance with DOTS therapy
Who fills it in?	The health professional completes the first two columns and the patient completes the rest on a daily basis.
Reference for tool	n/a
Tool developer's contact details	Dr Veronica White Consultant in Respiratory Medicine Advisory Board, TB Alert 22 Tiverton Road London NW10 3HL 020 8998 1949 www.tbalert.org
Do you have to contact the developer(s) for permission to use it?	To use the tool for TB, please contact TB Alert for printed booklet copies of the diary which include label stickers for commonly prescribed TB medication. Special editions are available in Bengali, Somali and further editions in development in Urdu and Arabic. The tool can be freely adapted for use with other medications/conditions.
Information you need to give the developer(s)	n/a
How much does it cost to use it?	Free
Specific instructions:	<p>The TB treatment diary has been designed to help patient take their anti-TB therapy regularly and accurately. This is particularly important in TB, where drug resistance can otherwise develop. The diary is therefore intended as a compliance aid rather than a measurement tool, but can also serve this purpose if collected and analysed.</p> <p>The diary consists of a patient-held booklet and stickers representing the tablets (exactly reproducing the look/colour of the tablets) which are stuck in by the medical staff in the space provided. The diary is provided in an A5 envelope which can be carried by the patient.</p> <p>The diary is not useful for all patients and judgement of the individual medical staff is required when using it. Unfortunately, patients who find it difficult to adhere to treatment regimes may also not find the diaries useful and they are not intended to take the place of DOTS (Directly Observed Treatment – Short Course) therapy. In a pilot at the London Chest Hospital in East London, patients found the diaries useful — particularly those not literate in English.</p>