

## Medicines Partnership Project Evaluation Toolkit

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### Assessment tool T08

<b>Name of tool</b>	<b>Type 2 diabetes knowledge questionnaire</b>
<b>What does it assess?</b>	Diabetes patients' understanding of their illness and its treatment
<b>Who fills it in?</b>	Diabetes patients
<b>Reference for tool</b>	This tool was specifically created for the toolkit based on information on the Diabetes UK website
<b>Tool developer's contact details</b>	Kate Cox <a href="mailto:kate.cox@kcl.ac.uk">kate.cox@kcl.ac.uk</a>
<b>Do you have to contact the developer(s) for permission to use it?</b>	No
<b>Information you need to give the developer(s)</b>	n/a
<b>How much does it cost to use it?</b>	Free
<b>Specific instructions</b>	<p>This scale has not been validated. You may wish to remove or add questions so that it is more suitable for your project.</p> <p>It is important that, after the patient completes the questionnaire, a health professional gives the patient the answer sheet and goes through it with them to ensure that any misunderstandings are resolved.</p>

## Type 2 diabetes knowledge questionnaire

T08

We want to find out about your understanding of your diabetes. Don't worry though — this is not a test! We just want to see whether we have given you enough information about your condition and have explained it well enough.

Please tick the box in the True or False column for each question.

If you don't know the answer please leave it blank.

	True	False
1 Type 2 (non-insulin dependent) diabetes develops if the body is unable to produce any insulin.		
2 An important symptom of untreated diabetes is thirst.		
3 Hypoglycaemia is an abnormally high level of sugar in the blood.		
4 An immediate treatment for hypoglycaemia is to take sugar.		
5 Diabetics are recommended not to take too much exercise.		
6 Normal (non-diabetic) blood sugar readings are: — between 8 and 10 mmol/l before meals — and more than 10 mmol/l after meals.		
7 The recommended times to test your blood sugar level are just before meals, two hours after meals, and before bed.		
8 People with diabetes should not have any sugar in their diet.		
9 Insulin cannot be taken in tablet form because it would be broken down in the stomach before it could work.		
10 The most important part of treatment for people with diabetes is diet.		

THANK YOU FOR TAKING THE TIME TO COMPLETE THIS QUESTIONNAIRE